

# Pristine Hygiene Club

## Hygiene program



**October 29, 2020  
7:00pm Eastern**

### **Something in our Mist: Will Vaping Challenge Dental Professionals as Smoking Has in the Past?**

*Livestream with Thomas Viola, RPh, CCP*

Although conventional cigarette smoking among young adults has declined markedly over the past several decades, there has been a substantial increase in the use of vaporizing devices. While originally designed as alternative delivery vehicles for nicotine in place of tobacco, advances in technology and lack of strict regulation have given rise to the use of these devices as delivery vehicles for a variety of substances, especially cannabis. Unfortunately, little information is available about the safety of the active and inactive ingredients present in products used for vaping. This program will provide an overview of cannabis, vaping, and their overall systemic adverse effects. Special emphasis will be given to the oral complications associated with vaping, as well as treatment planning strategies for patients who vape.

*Upon completion of this session,  
attendees should be able to:*

- Describe the pharmacology of cannabis, including its mechanism of action, routes of administration, and available formulations.
- Compare smoking and vaping as alternate delivery systems for introducing drugs like nicotine and cannabis into the lungs.
- Describe the oral and systemic complications encountered by patients who vape.
- Explain currently available treatment strategies and patient care planning techniques for patients who vape cannabis.



# Hygiene program continued



**January 21, 2021  
7:00pm Eastern**

## **The Hygienist's Role on the Interdisciplinary Team**

*Livestream with David Mugford, DMD, PA*

The dental hygienist spends more time in direct contact with patients over time than virtually any other health professional. As a result they are in a unique position to identify problems, educate and motivate their patients. Having a clear understanding of the benefits of comprehensive interdisciplinary treatment as it relates to periodontics, oral surgery, and dental implants as well as restorative care will give hygienists the best tools to encourage patients to pursue optimal care.

*Upon completion of this session, attendees should be able to:*

- Evaluate gingival defects and recession in terms of stability, treatment needs and predicting treatment outcomes.
- Identify peri-implantitis early and discuss treatment options.
- Gain a better understanding of unstable occlusal patterns and symptoms that require restorative care, orthodontics and/or dental implants.



**April 6, 2021  
7:00pm Eastern**

## **Posture Pain Performance**

*Livestream with Brian Bradley, BKin*

This high-energy presentation is a great opportunity to learn how to restore perfect posture, which is the beginning of undoing the limitations modern life can impose. Consistent Egoscue exercises become your plan for success, which translates to a happier and healthier you at home, at work, in life. This results-based presentation will have you laughing, learning, and on your way to a compelling future.

*Upon completion of this session, attendees should be able to:*

- Improve posture, minimize pain, and enhance performance.
- Realize lasting change can happen when you commit to health as a lifestyle.