



IV SEDATION GUIDELINES

- To reduce the chance of nausea, do NOT eat or drink anything (including water) for at least 8 hours prior to your appointment.
 - *** UNLESS SPECIFIED BY YOUR DENTIST, ALL MEDICATIONS YOU TAKE ROUTINELY SHOULD BE CONTINUED WITHOUT INTERRUPTION.
PLEASE BE COGNIZANT TO SWALLOW WITH A MINIMAL AMOUNT OF WATER..***
- If you normally pre-medicate (with an antibiotic) prior to dental treatment, please do so in accordance with the prescription given by your physician or dentist.
- A responsible adult over the age of 18 must accompany you to the office and remain in the office during the entire procedure. Following the sedation, this chaperone must escort you home and a responsible adult should remain with you for 24 hours. **You cannot drive home.**
- Following the IV Sedation, patients should refrain from driving a vehicle or engaging in any activity requiring alertness for 24 hours – **this includes watching young children.**
- A parent or legal guardian MUST accompany anyone under the age of 18.
- We recommend you wear either a loose-fitting top (which allows the sleeves to be rolled to the shoulders) or a short-sleeved top.
- Hydrate well with water the day before the procedure as this makes it easier for us to find a vein to initiate your sedation.
- Contact lenses MUST be removed prior to sedation.
- Please plan to arrive 15 minutes prior to your scheduled appointment time. This will allow us time to review the surgical procedure with you, schedule a post-surgical appointment, and answer any questions you may have.
- Make plans ahead of time to **reduce strenuous activities for 7 days following your surgical procedure.** We recommend inactivity for 48 hours following surgery.
- Please take 1 tablet of Anaprox DS the morning of your surgery. Depending on the procedure, your doctor may ask you to start taking additional prescriptions (such as antibiotics, mouthrinses, etc.) prior to your sedation.
- Please inform our office if you are taking blood-thinning medications such as: **Warfarin, Coumadin, Plavix, Aggrenox, Aspirin**, etc. We may require a medical consultation from your physician requesting you to discontinue such medications but this is determined on a case-by-case basis.
- **Please advise the doctor or assistant of all medications you have taken the day of your surgery. Inform your surgeon of any changes in medical history, including new prescriptions, changes in dosage, or a new medical diagnosis or condition.**

***FOR YOUR SAFETY, FAILURE TO FOLLOW ANY OF THESE INSTRUCTIONS
WILL RESULT IN CANCELLATION OF THE SEDATION APPOINTMENT***

It is our sincere mission and desire that you are as comfortable as possible following surgery. If you should have any problems or questions please call our office 248-901-0000. For after hours emergencies please feel free to contact your doctor on his personal cell: Abbey Sayed 248.763.9220